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# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

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### Join Us

## Tuesday October 15<sup>th</sup> 2019

for a **FREE** film screening and expert panel discussion about one of America's greatest public health problems ... childhood trauma. The film and our local experts will provide insight about ongoing research of the **long term health impacts of childhood trauma** as well as offer solutions for prevention. Childhood trauma left unaddressed will carry health impacts into adulthood –

**A Public Health problem for all of us.**

**Old Saybrook High School Auditorium**

**1111 Boston Post Rd. Old Saybrook, CT 06475**

**6:00 PM | Doors Open**

**6:30 PM | Movie Screening**

**7:30 PM | Panel Discussion**

**FREE and OPEN to the public.**

Please contact [valleyshorecollaborative@gmail.com](mailto:valleyshorecollaborative@gmail.com) for more information or to register to have a table at the event.

**PROFESSIONAL DEVELOPMENT to follow**

on October 22<sup>nd</sup> 2019 3:30-5:30 PM at Saybrook Point Pavilion

– Register at [valleyshorecollaborative@gmail.com](mailto:valleyshorecollaborative@gmail.com)

Parents, Providers, Teachers, Health Care Professionals

