

# Parent Handbook

## PEQUOT SHERWOOD DAY CAMP



2018

Dear Parents,

Welcome, you made a great choice. Pequot Sherwood Day Camp is an amazing place – there is nothing quite like the bond your child builds with their camp friends as they experience the adventures of summertime together.

Our wonderful staff are so excited to meet your child on their first day at PSDC. Before then, we are here to assist you in preparing your child for camp. This handbook will answer most questions and outline the steps necessary for attending camp.

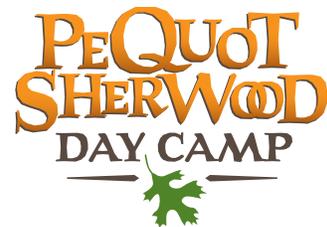
Please review these pages carefully, as your understanding of PSDC's procedures will help ensure a safe and successful summer for everyone.

We are always here and encourage you to call with questions. Please do not hesitate to contact us, especially if you'd just like to chat about your child.

Sincerely,

Aaron Page, Director

Owen Hughes, Unit Director



**In order for your child to attend camp**, we must have:

A new form filled out by your child's health care provider or a copy of your child's health form from school. (Physical must be within 2 years)

There are many ways to send this form to us:

- a) Upload the health form to your camper's profile
- b) By email: [info@psdaycamp.org](mailto:info@psdaycamp.org)
- c) By fax: 860-767-8432

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If your child requires an **inhaler, EpiPen, or prescription medication** while at camp, we must have the following:

- a) The medication/inhaler/EpiPen in its original container.
- b) A Medication Administration Form, signed by your child's health care provider.

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If your child becomes sick or injured at camp:

**We have several registered nurses on camp 24 hours a day.**

The pediatrician's office and hospital are 15 minutes away.

If a camper needs to see a doctor, we notify parents immediately.

## Parent Drop Off

Drop off 8:30am

Pick up 5:00pm

Before Care drop off: 7:30-8:30am (additional fee)

After Care pick up: 5:00-6:00pm (additional fee)

Pick up and drop off is located at the Pequot Sherwood Day Camp Pavilion.

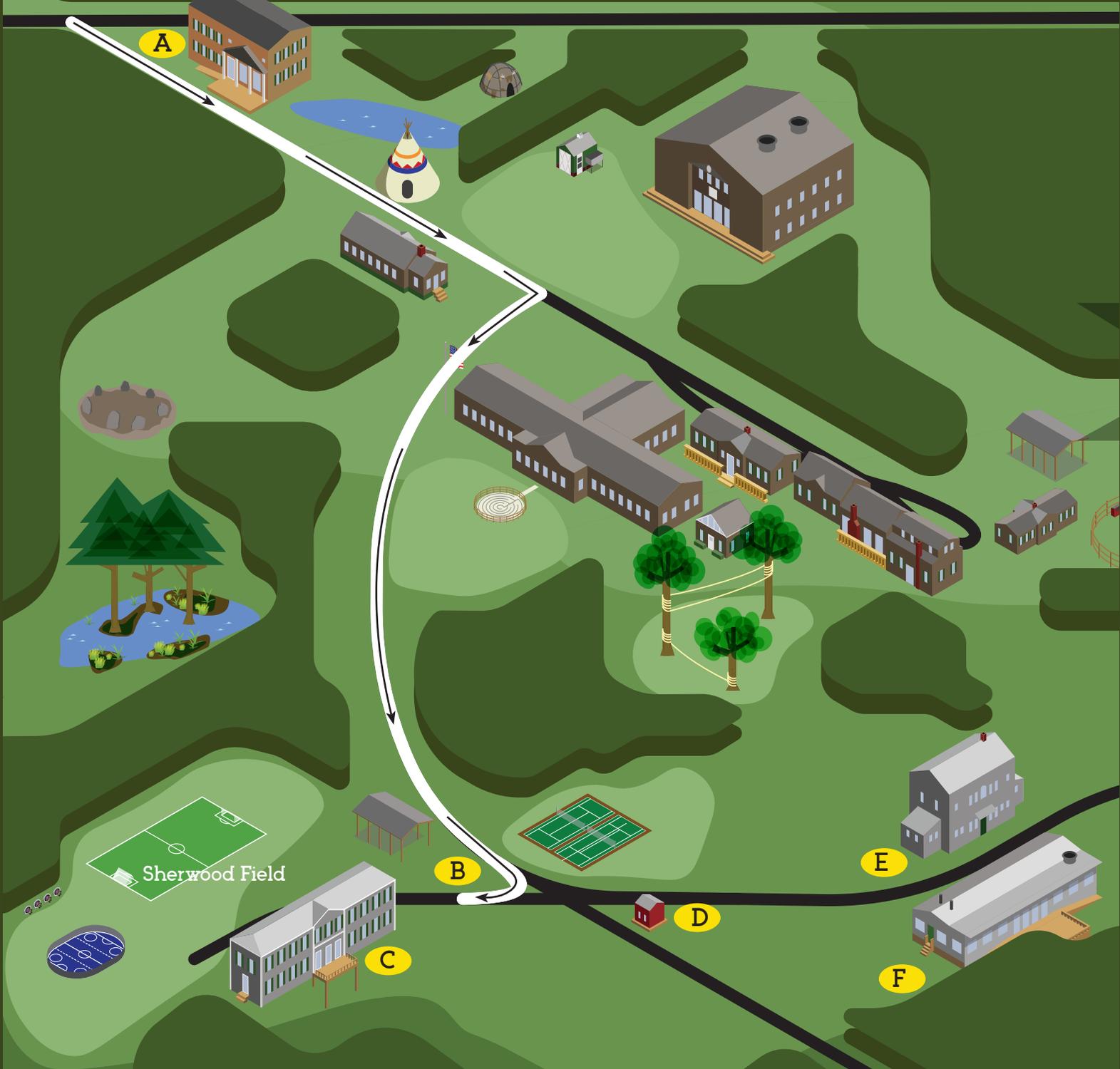
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## Bus Transportation

Locations and Approximate Times\*

I-95		RT-9
<b>Branford Exit 56</b> Stop & Shop Pick up: 7:40am Drop off: 5:55pm	<b>Clinton Exit 63</b> Commuter lot Pick up: 8:15am Drop off: 5:15pm	<b>Middletown Exit 15</b> Kid City parking lot Pick up: 7:45am Drop off: 5:30pm
<b>Guilford Exit 58</b> East commuter lot Pick up: 7:50am Drop off: 5:45pm	<b>Old Saybrook</b> Mystic Market parking lot Pick up: 8:15am Drop off: 5:00pm	<b>Higganum Exit 9</b> Commuter lot Pick up: 8:00am Drop off: 5:15pm
<b>Guilford Exit 59</b> Commuter lot Pick up: 7:55am Drop off: 5:40pm	<b>Old Lyme Exit 70</b> Big Y parking lot Pick up: 8:05am Drop off: 5:15pm	<b>Haddam/East Haddam Exit 7</b> Cooking Company parking lot Pick up: 8:10am Drop off: 5:00pm
<b>Madison Exit 61</b> Commuter lot Pick up: 8:05am Drop off: 5:30pm		

\* Bus pick up and drop off times are approximate.



# FOLLOW WHITE PATH TO PAVILION

- |                         |                        |
|-------------------------|------------------------|
| <b>A</b> Welcome Center | <b>D</b> Camp Office   |
| <b>B</b> Pavilion       | <b>E</b> Nurse's Cabin |
| <b>C</b> Katsanis Hall  | <b>F</b> Dining Hall   |



# Typical Day

7:30 – 8:30am	Before Care* Drop Off
8:30am	<b>Arrival</b>
9:00am	Group games
9:30am	<b>Activity 1</b> Ceramics, woodworking, tennis, nature hike, archery, soccer, basketball, and more
10:30	Check-in with Group Counselor
10:40am	<b>Activity 2</b> Gaga, dodge ball, music, farm, high ropes, gymnastics. and more
11:45am	<b>Lunch</b>
12:30pm	Prepare for the Waterfront
12:50pm	<b>Waterfront</b> Swimming lessons, canoeing, sailing, 100 foot water slide, rope swing, sand castle contests, and more
3:30pm	Snack and field games
5:00pm	<b>Parent Pick Up</b>
5:00-6:00pm	After Care* Pick Up

\* Before and after care available for an additional fee

## Overnight Option Every **THURSDAY** (additional fee)

**Ages 6 and up**

After the day's activities, campers spend some quiet time setting up their bed and acclimating to their overnight environment. Following a delicious dinner, campers and counselors enjoy a theme night activity, such as: scavenger hunts, beach party, superhero dress ups; then s'mores and off to bed.

The morning begins with breakfast at Gibney, then cabin clean up, followed by another wonderful day at Pequot Sherwood Day Camp.

### GENERAL INFO

+ We do not allow electronics, cell phones, candy, or soda on overnights. Please help us enforce this rule by packing with your child. These items will be confiscated by staff and returned the next day to a parent if found.

+ Parents must register their campers online for the optional overnight by Tuesday at 5:00pm of that week's overnight.

+ The fee for the optional Thursday overnight is non-refundable after Tuesday at 5:00 pm of the session.

 **Overnight Option**

### Overnight Packing List

Sleeping Bag	Pillow	Pajamas
Toothbrush/Toothpaste	Towel	Soap/Shampoo
Next Day's Clothing	Flashlight	Medication
Tent, if they are interested in sleeping outside		

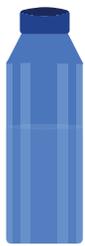
# 2017 Sessions & Dates

<b>Session</b>	<b>Dates</b>
Session 1	June 18 - June 22
Session 2	June 25 - June 29
Session 3	July 2 - July 6*
Session 4	July 9 - July 13
Session 5	July 16 - July 20
Session 6	July 23 - July 27
Session 7	July 30 - August 3
Session 8	August 6 - August 10
Session 9	August 13 - August 17
Session 10	August 20 - August 24

**\* Yes, we are open on July 4<sup>th</sup>**

Each day please pack the following items in your camper's backpack. **All items brought to camp, even shoes, should be clearly marked with a first and last name.**

Campers must wear closed-toe sneakers and socks to camp every day.



Water Bottle



Sunscreen



Towel



Bathing Suit

**Cell Phone**  
**Electronics**  
**Expensive Clothing**  
**Candy Gum Soda**



**Packing List**

### How do I adjust my child's transportation?

By calling our summer camp office: 860-581-4560 or, give a hand written note to your child's bus counselor.

### How do you celebrate birthdays at camp?

Lucky summer birthday campers are treated to songs and a special treat during lunch. While it is not necessary, please call the office in advance if you want to send in cupcakes or additional treats.

### What if I need to pick up my child early or drop them off late?

Please let us know as soon as possible by calling the office or telling your camper's bus counselor. We appreciate calls the day before, but in a pinch or urgent situation, call the camp cell phone.

### Can my camper bring a friend or relative to camp for the day?

In accordance with CT State Law, every child at camp must be registered with a valid health form on file. However, we encourage anyone interested in attending camp to take a tour with the director. Call us at the camp office to set one up.

**Most calls:** general questions, absences, directions  
Camp Office Summer: 860-581-4560  
Camp Office Hours: 9am-5pm Monday – Friday

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**Urgent calls:** late to bus stop, early pickup from camp  
and  
**After hours:** before 9am, after 5pm and weekends  
Camp Mobile: 860-395-9794

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Registration, payment assistance,  
submitting forms, directions, camp tours:  
Main Office: 860-767-0848  
Fax: 860-767-8432  
Hours: 9am-5pm Monday – Friday

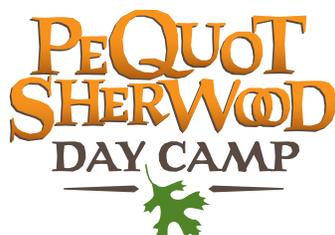
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**Mailing Address:**  
Pequot Sherwood Day Camp  
P.O. Box 577  
Ivoryton, CT 06442

**Physical Address:**  
Pequot Sherwood Day Camp  
253 Bushy Hill Rd.  
Deep River, CT 06417

**Website:**  
<https://www.psdaycamp.org>

**Registration Portal:**  
<https://www.psdaycamp.org/register>





# After School = OUTDOOR FUN

**3pm-6pm school days**  
**1pm-6pm half days**

**7:30am-6pm vacation days**  
**Ivoryton, CT**

**[www.incarnationcenter.org](http://www.incarnationcenter.org)**

Nature's Playground is an adventure-filled after-school program for students in grades K-6. We give your child the chance to play and learn OUTSIDE while you finish your work day.



## ACTIVITIES

Primitive Skills

Wilderness Survival

Outdoor Cooking

Outdoor Water Activities

Maple Sugaring

Hiking

Farming

Fishing

Ropes Course

Homework Help



**Free school bus transportation**  
Daily school bus transportation from Essex & Deep River Elementary Schools to Nature's Playground

