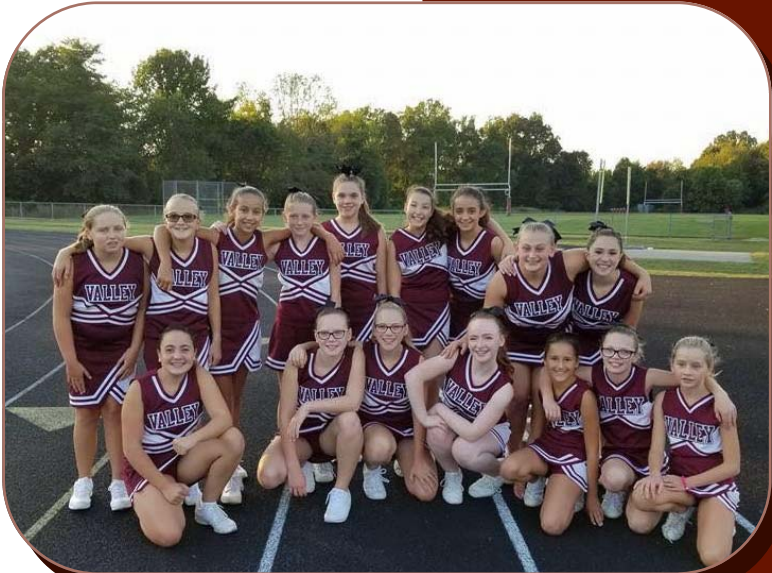


Join Cheerleading!



*Make friends,
gain confidence,
have fun!*

Our new Jr. Valley Cheerleading program offers 6 sessions of cheers, chants and fun games! This entry level cheer program will ensure that each participant will learn cheers, proper hand and body movements as well as jumping techniques. Our goal is for participants to have the opportunity to be part of a safe and fun cheerleading program that helps build community spirit and pride in our sports teams. There is no stunting, just a big focus on fun! Gear to bring: Appropriate clothing, water bottle, and sneakers.



Contact us by Email at: recreation@essexct.gov
Contact us by Phone at: 860-767-4340 ext.148
Register Online at <http://www.essexct.gov/park-and-recreation>

Location: Essex Town Hall Auditorium

Fee: \$75 (includes Pom-Poms)

Group Size: Max 25

Grades: K-8

Day: Tuesday's

Time: 3:30-4:30p

Dates: March 6– April 10

Open to all youth regardless of residency.