



2019 Buddy Track



TRACK AND FIELD EVENTS *for kids with special needs*

Ages 5 and up

non-competitive

FREE

*** RUNNING RELAY! *** JAVELIN (turbojav)
*** 100 METER RUN *** SHOT PUT
*** LONG JUMP *** HURDLES

No prior track and field experience required.

The Fun Awaits!

Buddy Track is back! This is the 8th year of this terrific program! Join us for a three week session held at the Valley Regional High School track with well-respected local coaches and volunteers! Each player athlete will be teamed with a 'Buddy' to enjoy all aspects of our track and field program.

****Participants are encouraged to attend all three weeks of the program!****

May 1st - 5:00-6:30pm (Wednesday)
May 8th - 5:00-6:30pm (Wednesday)
May 15th - 5:00-6:30pm (Wednesday)

******Rain or shine!******

Register on line @ www.deepriverct.us
Or by mail to Deep River Parks and Recreation
174 Main Street, Deep River, CT 06417
(See other side/or page 2 for registration information)

If you have any questions or concerns, please contact:
Michael Ryan (Valley Student) @ 860-767-1743 or
Deep River Parks & Recreation Office @ 860-526-6036

Thanks to our Proud Sponsors:

*Deep River Parks & Recreation, Gorilla Graphics, Wildwood Pediatrics,
Child and Adult Orthodontics, Deep River Pizza
and The Center for Children with Special Needs*

2019 REGISTRATION & WAIVER FORM



Buddy Track

REGISTRATION DEADLINE 4/11/19

Please Check One: Player Athlete*: _____ Player's Buddy**: _____ Adult Volunteer: _____

**Athletes- must be ages 5 and up;*

***Player's Buddy- must be in at least 8th grade; Limited number of spots available.*

Name: _____ DOB: _____

Male: _____ Female: _____ Grade: _____ Age on **5/01/19**: _____

Address: _____ Town: _____ Zip: _____

Parent or guardian's name (if a minor): _____

E-mail: _____ Alternate E-Mail: _____

Home Phone: _____ Cell Phone: _____

Emergency contact: _____ Phone: _____

Special considerations you would like to share (include allergies):

T-shirt size: (All Players, Player's Buddies and Volunteers will receive a T-shirt)

Youth: S ____ M ____ L ____ Adult: S ____ M ____ L ____ XL ____ XXL ____

I/We the parents or guardians of the above named participant hereby give approval for his/her participation in any and all Buddy Track activities. I/We assume all risks and hazards incident to such participation to and from such activities and do hereby waive, release, absolve and agree to hold harmless the aforementioned Deep River Parks and Recreation Commission, the Town of Deep River, Region 4 Schools and its facilities, its managers, coaches, organizers and sponsors, volunteer participants and supervisors, from any claim arising out of an injury to my/our child, whether the result of negligence or for any other cause, except to the extent in the amount covered by accident or liability insurance. I/We grant permission for my child to receive emergency medical treatment as necessary while participating in the Buddy Track program at Valley Regional high School fields sponsored by Deep River Parks and Recreation Commission.

I give permission to Deep River P & R to use photographs of my child for publicity ____yes ____no

_____ Date: _____

Parent/Guardian signature: (if participant is a minor):

Participant signature: _____ Date: _____

(if participant is 18 or older)

**Register on line @www.Deepriverct.us
by following the Parks & Rec link or mail or fax the form to:**

**Deep River Parks and Recreation
174 Main Street, Deep River, CT 06417
860-526-6023 (Fax)**

All Valley students who would like to be a player's buddy, must complete a form and return it to either Michael Ryan (12), or to the main office by Thursday, April 11th 2019. Spaces are limited so don't delay!