

## Deep River Parks and Rec Basketball 2016 - 2017

# RECREATIONAL BASKETBALL FOR KIDS IN GRADES K – 1



- ❖ The K-1<sup>st</sup> grade boys & girls will have a clinic for **one hour per week** after school designed for introductory skills development.
- Children will be taught the basic motor skills necessary to play organized basketball.
- Focus will be on Skills development in dribbling, passing, and shooting.
- Focus will also be on having fun!
- ❖ The K-1 grade boys & girls will be grouped together and divided weekly into smaller groups to focus on skills.
- Grades K through 1 will use a junior size 5 ball.
- All sessions will be held at DRES
- Sessions will begin the week of January 9, 2017. Day to be determined.
- ❖ The program will run for 6 weeks ending the week of February 13, 2017.
- **❖ IN ORDER TO MAKE THIS YEAR A SUCCESSFUL YEAR WE WILL NEED VOLUNTEERS.**
- Please indicate on the attached form if parents would be interested in being a coach or assistant coach.
- All players will receive a t-shirt and a basketball.
- ❖ FOR THE SAFETY OF ALL-THE 'NO JEWELRY' RULE WILL BE STRICTLY ENFORCED-THIS INCLUDES EARRINGS-

IF YOUR CHILD IS INTERESTED IN PLAYING PARKS & REC BASKETBALL, PLEASE FILL OUT & SIGN THE ATTACHED FORM AND RETURN IT WITH THE REGISTRATION FEE BY THE <u>DECEMBER 2, 2016 DEADLINE</u>.

REGISTRATION FORMS TURNED IN AFTER THIS DATE WILL BE SUBJECTED TO A \$25.00 LATE FEE. NO REGISTRATION FORMS WILL BE ACCEPTED AFTER 12/16/16

Registration Fee: \$50 for Grades K-1

Additional siblings take 10% off fee

(PLAYERS OF COACHES ENJOY 50% OFF REG. FEE! –PLEASE THINK ABOUT BECOMING A COACH!)

Make checks payable to: Deep River Parks & Recreation. Return forms to the Deep River Town Hall, Parks & Rec Dept., 174 Main Street, Deep River, CT 06417

#### **Code of Conduct and Ethics for Players and Parents**

The philosophy of the Parks and Recreation Department is to teach skills, fundamentals, good sportsmanship and to create a positive, environment for youth participants while having fun! Players and Parents are required to conduct themselves in a responsible and supportive manner:

**Please read** through the complete Code of Conduct and Ethics for Deep River Parks and Recreation Youth Athletic Programs available on-line on the Town of Deep River's web site, www.deepriverct.us. We also encourage you to read the Center for Disease Prevention and Control's (CDC) 'The HEADS UP' initiative which provides important information on preventing, recognizing, and responding to a concussion, (http://www.cdc.gov/headsup/youthsports/index.html ).

## DEEP RIVER PARKS AND REC BASKETBALL 2016-17 **FORMS DUE DECEMBER 2, 2016**

**PARENTS:** We need volunteers to make this program run.

COACH / ASSISTANT COACH / REFEREE Please consider becoming one of the following: \*\*\*If you are able to volunteer to help a team, you will be sent a separate Adult Registration Form\*\*\* NAME\_\_\_\_\_AGE\_\_\_GRADE\_\_\_CIRCLE: M\_/ E ADDRESS\_\_\_\_\_TOWN\_\_\_\_ PHONE\_\_\_\_\_\_CELL PHONE\_\_\_\_\_\_WORK PHONE\_\_\_\_\_ E-Mail(s) Select: [ ] \$50 for Grades K-1\* \*Please include late fee of \$25.00 if submitted after 12/16/16 deadline. T-SHIRT SIZE: Youth-Small Youth-Medium Youth-Large Adult-Small Adult-Medium Adult-Large Please circle size: KNOWN ALLERGIES and other pertinent medical information: EMERGENCY CONTACT PERSON: NAME CELL PHONE WORK PHONE PLEASE ACKNOWLEDGE CODE OF CONDUCT AND ETHICS: I have read, understand, and agree to abide by the Deep River Parks and Recreation Code of Conduct and Ethics that govern all youth athletic activities. This document is available on line at www.deepriverct.us. I have explained the rules, policies and expectations to my child. Furthermore, we understand that a breach of the Code of Ethics and Conduct will result in disciplinary action as described therein. X Date Signature of Parent/Guardian I hereby give permission to have my son/daughter photographed during Parks and Recreation activities. I understand that these photos might be posted on the town website or used in future town publications. Parent/Guardian MEDICAL RELEASE Recognizing the possibility of physical injury associated with basketball, including, but not limited to concussions, and in consideration for the Deep River Parks & Recreation Department and the Deep River Elementary School and its affiliates accepting the registrant for its basketball programs and activities, I hereby release, discharge, and/or otherwise indemnify the Deep River Parks & Recreation Department and the Deep River Elementary School, its affiliated organizations and sponsors (including Chester and Essex Elementary Schools, and Region 4 schools), their employees and associated personnel, including the owners of gyms

and facilities utilized for the programs and coaches and assistant coaches, and other volunteers with the program, against any claim by or on behalf of the registrant's participation in the programs and/or being transported to or from the same, which transportation I hereby authorize. I have read the recommended articles on concussions at the Centers for Disease Control and Prevention's website at http://www.cdc.gov/headsup/youthsports/index.html and understand the risks. My child has received a physical examination by a physician and has been found physically capable of participating in the programs. I also assume the financial responsibility for any medical expenses required for my child. V

Parent/Guardian 🔨	Date
For Park & Rec internal use only:	TEAM
PAID	COACH



## Deep River Parks and Rec Basketball 2016 - 2017

### RECREATIONAL BASKETBALL FOR KIDS IN GRADES 2 - 6



- The 2<sup>nd</sup>/3<sup>rd</sup> grade boys & girls, grouped on teams by gender, will practice once a week at DRES. All games will be played at Deep River or Essex utilizing half court play and 8 foot hoops. The 2<sup>nd</sup>/3<sup>rd</sup> grade program uses a junior, size 5 basketball. A time clock will be used, but no score will be kept. Team coaches will serve as referees while offering instructive guidance. Games will be played primarily on Friday evenings or Saturday Mornings with the possibly of a Thursday evening game.
- ❖ The 4<sup>th-</sup>6<sup>th</sup> grade boys & girls, will be grouped on teams by gender in their own towns and will practice in their own towns. Games however, will be held at either CES (Chester Elementary), DRES or EES (Essex Elementary). The 4-6<sup>th</sup> grade program will use 10 foot hoops and a 28.5 intermediate size ball.
- Practices will start tentatively the week of November 14<sup>th</sup>, 2016.
- ❖ Games will begin on January 6<sup>th</sup> 2017. The season will end March 4<sup>th</sup> 2017.
- **❖ IN ORDER TO MAKE THIS PROGRAM SUCCESSFUL, WE NEED VOLUNTEERS.**
- Please indicate on the attached form if parents would be interested in being a coach or assistant coach. Coaches will be required to complete on-line training and attend a mandatory coaches meeting/training session in early November. Time and Date TBD.
- Please do **not** request to be placed on any certain team, with a particular coach, or with a friend. Team selection is a fair process done by the coaches, designed to provide for equally balanced and fair teams.
- **❖ FOR THE SAFETY OF ALL-THE 'NO JEWELRY' RULE WILL BE STRICTLY ENFORCED-**THIS INCLUDES EARRINGS-

IF YOUR CHILD IS INTERESTED IN PLAYING PARKS & REC BASKETBALL, PLEASE FILL OUT & SIGN THE ATTACHED FORM AND RETURN IT WITH THE REGISTRATION FEE BY THE OCTOBER 26th 2016 DEADLINE.

REGISTRATION FORMS TURNED IN AFTER THIS DATE WILL BE SUBJECTED TO A \$50.00 LATE FEE. NO REGISTRATION FORMS WILL BE ACCEPTED AFTER 11/02/16

Registration Fee: \$75 for Grades 2-6

Additional siblings take 10% off fee (PLAYERS OF COACHES ENJOY 50% OFF REG. FEE! -PLEASE THINK ABOUT BECOMING A COACH!)

Make checks payable to: Deep River Parks & Recreation. Drop forms in the DRES main office or mail to Deep River Town Hall, P & Rec Dept., 174 Main Street, Deep River, CT 06417

### **Code of Conduct and Ethics for Players and Parents**

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Please read through the complete Code of Conduct and Ethics for Deep River Parks and Recreation Youth Athletic Programs available on-line at www.deepriverct.us. We also encourage you to read the Center for Disease Prevention and Control's (CDC) 'The HEADS UP' initiative which provides important information on preventing, recognizing, and responding to a concussion, (http://www.cdc.gov/headsup/youthsports/index.html).

# Grade 2-6 -DEEP RIVER P & R BASKETBALL 2016-17 FORMS DUE 10/26/16 - NO FORMS WILL BE ACCEPTED AFTER 11/02/16

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PARENTS: We need volunteers to make this program run.

Please consider becoming one of the following: COACH / ASSISTANT COACH / REFEREE \*\*\*If you are able to volunteer to help a team, you will be sent a separate Adult Registration Form\*\*\* NAME \_\_\_\_\_\_AGE \_\_\_\_ GRADE\_\_\_\_ CIRCLE: **M / F** \_\_\_\_\_TOWN\_\_\_\_\_ ADDRESS PARENTS NAME(s) PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_ WORK PHONE\_\_\_\_ E-Mail(s) \$\frac{1}{575}\$ for Grades 2-6 (before 10/26/16) \$\frac{1}{575}\$ for Grades 2-6 (befor Youth-Large T-SHIRT SIZE: Youth-Medium Youth-Small Adult-Medium Adult-Large Adult X-Large Please circle size: Adult-Small KNOWN ALLERGIES and other pertinent medical information: EMERGENCY CONTACT PERSON: NAME \_\_\_\_\_ PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_ WORK PHONE\_\_\_ PLEASE ACKNOWLEDGE CODE OF CONDUCT AND ETHICS: We have read, understand, and agree to abide by the Deep River Parks and Recreation Code of Conduct and Ethics that govern all youth athletic activities. We found the document on line at www.deepriverct.us. Furthermore, we understand that a breach of the Code of Ethics and Conduct will result in disciplinary action as described therein. X Signature of Player Signature of Parent/Guardian I hereby give permission to have my son/daughter photographed during Parks and Recreation activities. I understand that these photos might be posted on the town website or used in future town publications. Parent/Guardian X MEDICAL RELEASE Recognizing the possibility of physical injury associated with basketball, including, but not limited to concussions, and in consideration for the Deep River Parks & Recreation Department and the Deep River Elementary School and its affiliates accepting the registrant for its basketball programs and activities, I hereby release, discharge, and/or otherwise indemnify the Deep River Parks & Recreation Department and the Deep River Elementary School, its affiliated organizations and sponsors (including Chester and Essex Elementary Schools, and Region 4 schools), their employees and associated personnel, including the owners of gyms and facilities utilized for the programs and coaches and assistant coaches, and other volunteers with the program, against any claim by or on behalf of the registrant's participation in the programs and/or being transported to or from the same, which transportation I hereby authorize. I have read the recommended articles on concussions at the Centers for Disease Control and Prevention's website at http://www.cdc.gov/headsup/youthsports/index.html and understand the risks. My child has received a physical examination by a physician and has been found physically capable of participating in the programs. I also assume the financial responsibility for any medical expenses required for my child. Parent/Guardian X \_\_\_\_\_ Date\_\_\_\_\_ For Park & Rec internal use only: Date rec'd\_\_\_\_\_ TEAM \_\_\_\_\_ COACH PAID \_\_\_\_\_



# Deep River Parks and Rec Basketball

## 2016 - 2017

#### RECREATIONAL BASKETBALL FOR YOUTH IN GRADES 7-12



- ❖ The program is sponsored by Deep River Parks & Rec, but is open to all area youth. Teams will be mixed with grades 7-9 in one age group and grades 10-12 in a separate age group. However youth from grades 9 and 10 may be moved to a higher or lower division depending on size, experience, and level of play, which will be determined by Parks & Rec personnel.
- The grades 7-9 and 10-12 teams will have at least one practice during the week. Practices will be at the local School gymnasiums in Essex, Chester and Deep River or at the Academy at Mount Saint John in Deep River.
- Games will be scheduled at John Winthrop Middle School on Saturday mornings and afternoons.
- Practices will tentatively begin the week of November 14<sup>th</sup> 2016
- Games will begin the weekend of January 7<sup>th</sup> 2017. The end of season tournament will be March 3-4, 2017.

**NOTE:** For grades 7-12, Rec Basketball will only be offered to those who do **NOT** play travel basketball, or are **NOT** playing for the middle school or high school teams. Anyone who plays for a travel team, AAU team, or for a school team during the same school year will **not** be eligible for rec basketball. (**Students that play on any high school basketball team** (**freshman**, **JV**, **or varsity**) are **not eligible for or allowed to play in the Rec Basketball league** (**even after the high school season is over**), **per CIAC rules**.)

- ❖ In order to make this program successful, <u>we will need volunteers!</u> Please consider helping out. Please indicate on the attached form if you would be interested in being a coach, assistant coach or a referee. There will be a mandatory coach's training/clinic in early November as well as mandatory on-line training that must be completed.
- It is very important to register by the below deadline. A late fee will be assessed. Unfortunately, No registrations will be accepted after the final late registration deadline has passed.
- No requests to be placed on a specific team will be honored. Team selection is a fair process done by a draft by the coaches.
- **❖ FOR THE SAFETY OF ALL-THE 'NO JEWELRY' RULE WILL BE STRICTLY ENFORCED**

IF INTERESTED IN PLAYING PARKS & REC BASKETBALL, PLEASE FILL OUT & SIGN THE ATTACHED FORM AND SUBMIT IT WITHTHE

\$100 REGISTRATION FEE BY THE OCTOBER 26TH, 2016 DEADLINE \*\*.

\*\*REGISTRATION FORMS TURNED IN AFTER THIS DATE WILL BE SUBJECTED TO A \$50.00 LATE FEE. NO REGISTRATION FORMS WILL BE ACCEPTED AFTER 11/02/16

(PLAYERS OF COACHES ENJOY 50% OFF ABOVE FEE! -PLEASE THINK ABOUT BECOMING A COACH!)

<u>Note</u>: For those students trying out for the JWMS or VRHS basketball teams, they will be allowed a full refund if they withdraw from the rec program. We ask that the player register for the rec program even if the student will try out for a school team, so that we have a more accurate count when forming teams and recruiting coaches. If the student tries out for the JWMS or VHS team and does not make the team, he/she will be allowed to join the rec basketball program.

Make checks payable to: Deep River Parks & Rec, and return form and \$100 fee to:

Deep River Town Hall, Parks & Rec Dept., 174 Main Street, Deep River, CT 06417

### **Code of Conduct and Ethics for Players and Parents**

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**Please read** through the complete Code of Conduct and Ethics for Deep River Parks and Recreation Youth Athletic Programs available on on-line at <u>www.deepriverct.us</u>. We also encourage you to read the Center for Disease Prevention and Control's (CDC) 'The HEADS UP' initiative which provides important information on preventing, recognizing, and responding to a concussion, (http://www.cdc.gov/headsup/youthsports/index.html).

# 7- 12<sup>th</sup> Grade DEEP RIVER P & R BASKETBALL 2016-2017

## FORMS DUE BY OCTOBER 26<sup>th</sup> 2016

PARENTS: We need volunteers to make this program run. Please consider becoming a:

COACH / ASSISTANT COACH / REFEREE

Select: [ ] \$100 for Grades 7-12 (before 10/26/16) [ ] \$150 (after 10/26/16) \*NO REGISTRATION FORMS WILL BE ACCEPTED AFTER 11/02/16\* \_\_\_\_\_AGE \_\_\_\_\_ HEIGHT \_\_\_\_\_ **CIRCLE**: <u>M</u> / <u>F</u> SCHOOL \_\_\_\_\_GRADE \_\_\_\_ TRYING OUT FOR A SCHOOL TEAM? Y ADDRESS TOWN PARENTS NAME(s) PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_ E-Mail(s) \*Teams will be separated into 2 groups: 7<sup>th-</sup> 9<sup>th</sup> in one group & 10<sup>th</sup> -12<sup>th</sup> in a separate group. Previous Basketball Experience (rec, travel, school teams, etc.) Please specify any evenings & times not available. M\_\_\_\_\_T \_\_\_W \_\_\_\_TH \_\_\_\_\_F\_\_\_\_ T-SHIRT SIZE: Youth Large Adult Small Adult Medium Adult Large Adult XX-Large Adult 3X-Large Please circle size: Adult X-Large KNOWN ALLERGIES and other pertinent medical information: EMERGENCY CONTACT PERSON: NAME CELL PHONE WORK PHONE PLEASE ACKNOWLEDGE CODE OF CONDUCT AND ETHICS: We gone on-line @www.deepriverct.us and have read, understand, and agree to abide by the Deep River Parks and Recreation Code of Conduct and Ethics that govern all youth athletic activities. Furthermore, we understand that a breach of the Code of Ethics and Conduct will result in disciplinary action as described therein. X X Signature of Parent/Guardian (if under 18 yrs.) Signature of Player I hereby give permission to have my son/daughter photographed during Parks and Recreation activities. I understand that these photos might be posted on the town website or used in future town publications. Parent/Guardian X **MEDICAL RELEASE** Recognizing the possibility of physical injury associated with basketball, including, but not limited to concussions, and in consideration for the Deep River Parks & Recreation Department and the Deep River Elementary School and its affiliates accepting the registrant for its basketball programs and activities, I hereby release, discharge, and/or otherwise indemnify the Deep River Parks & Recreation Department and the Deep River Elementary School, its affiliated organizations and sponsors (including Chester and Essex Elementary Schools, Mount St John, and Region 4 schools), their employees and associated personnel, including the owners of gyms and facilities utilized for the programs and coaches and assistant coaches, and other volunteers with the program, against any claim by or on behalf of the registrant's participation in the programs and/or being transported to or from the same, which transportation I hereby authorize. I have read the recommended articles on concussions at the Centers for Disease Control and Prevention's website at <a href="http://www.cdc.gov/headsup/youthsports/index.html">http://www.cdc.gov/headsup/youthsports/index.html</a> and understand the risks. My child has received a physical examination by a physician and has been found physically capable of participating in the programs. I also assume the financial responsibility for any medical expenses required for my child. Parent/Guardian X For Park & Rec internal use only: Date rec'd \_\_\_\_\_ PAID COACH\_ TEAM